

**MEDICAL ASSOCIATES HEALTH PLANS  
HEALTH CARE SERVICES POLICY AND PROCEDURE MANUAL  
POLICY NUMBER: PP 24**

**POLICY TITLE:** LYMPHEDEMA / CHRONIC VENOUS INSUFFICIENCY / PERIPHERAL ARTERIAL DISEASE TREATMENT

**POLICY PURPOSE:** Provide criteria to for the treatment of members with associated swelling and/or complications of upper and lower extremities related to lymphedema, chronic venous insufficiency and / or peripheral arterial disease

**DEFINITIONS:**

**Lymphedema** is the swelling of subcutaneous tissues due to the accumulation of excessive lymph fluid. The accumulation of lymph fluid results from impairment to the normal clearing function of the lymphatic system and/or from an excessive production of lymph.

Lymphedema is divided into two broad classes according to etiology.

- Primary lymphedema is a relatively uncommon, chronic condition which may be due to such causes as Milroy's Disease or congenital anomalies.
- Secondary lymphedema, which is much more common, results from the destruction of or damage to formerly functioning lymphatic channels, such as surgical removal of lymph nodes or post radiation fibrosis, among other causes.

Conservative measures for the treatment of lymphedema include, but are not limited to elevation of the affected limb, exercise, massage, and use of a compression bandage system or compression garment.

**Chronic venous insufficiency (CVI)** of the lower extremities is a condition caused by abnormalities of the venous wall and valves, leading to obstruction or reflux of blood flow in the veins. Signs of CVI include hyperpigmentation, stasis dermatitis, chronic edema, and venous ulcers.

Conservative measures for the treatment of venous stasis ulcers includes a compression bandage system or compression garment, appropriate dressings for the wounds, exercise, and elevation of the limb.

**Peripheral arterial disease** develops when arteries supplying blood to the extremities become narrow or blocked leading to ischemia (insufficient blood supply) and potential tissue damage. Intermittent claudication is an early symptom causing leg pain, numbness, tingling, and weakness or heaviness in the legs which can greatly impair walking. Non-healing ulcers on legs or feet with a potential for gangrene and amputation may be seen in severe cases.

Management includes lifestyle changes such as improved nutrition, cessation of smoking, and/or exercise. Drugs are used to improve walking distance, lower blood pressure and cholesterol as well as reduce risk of blood clots. PAD that has advanced may be treated with angioplasty with or without stenting. Surgical treatments may include arterial bypass and endarterectomy

# Skilled Nursing Policy And Procedures Manual

**Stephen Butler Page, Stephen Page**



## **Skilled Nursing Policy And Procedures Manual:**

**Director of Nursing, Long Term Care** Debra Collins, LTCS Books, 2019-06-23 194 pages and CD Includes FREE 2019 MDS Assessment Scheduling Calendar Current with all RAI Manual Updates PDPM updates Surveyor Guidelines and Federal Regulatory Changes Comprehensive manual for the new or experienced Director of Nursing All the essential information on Staffing Resident Care Quality Assurance MDS Essentials Nursing Policy and Procedure Long Term Care Regulations Survey Protocols Forms in the Director of Nursing book and on the CD for Nursing budget Staffing Scheduling Employee records Staff education Quality assurance audits Infection control Includes 23 Skilled Charting Guidelines This Director of Nursing book aims to give all of the basic information a long term care Director of Nursing needs today For the experienced Director of Nursing it provides a good reference for long term care regulations standards and laws The forms included in the Director of Nursing book can greatly expedite job performance Information is given on organizing the job managing resident care staffing and quality assurance issues For the new Director of Nursing or the nurse aspiring to that position the book outlines all of the major responsibilities of the job Applicable federal regulations are quoted in each chapter and forms are throughout the book Forms and care plans have been updated to ensure compliance with the change to MDS 3.0 and with all of the federal regulations and guidelines updated during the past year All of the forms and nursing care plans in the Director of Nursing book are included on the CD so they can be saved to a computer whenever needed By adding or deleting entries the forms and care plans can be made resident specific

**Nursing Policies and Procedures for Long Term Care** LTCS Books, 2023-01-02 2024 Edition for MDS v1.19.1 75 Comprehensive Nursing Policy and Procedure Forms on Easy to Edit Templates The policies are operational organized by department and outline step by step how a task should be completed and by which staff member Major steps and staff members are bolded for easier location of information Includes 22 Skilled Charting Guidelines for Medicare Nursing Documentation Current with all RAI Manual Updates Surveyor Guidelines and Federal Regulatory Changes Abuse Activities of Daily Living ADLs Admissions Advance Directives Airborne Precautions Ambulation Blood Glucose Monitoring Bowel Movement Protocol Care Area Assessments Care Plan Completion Care Plan Conferences Contact Precautions Covid 19 Virus Prevention Dental Care Director of Nursing Job Description Discharges Droplet Precautions Fall Prevention Program Falls Post Fall Protocol Feeding Residents Feeding Tubes Glasses Hearing Aids Hydration Incident Reports Incontinence Care Infection Control Nurse Job Description Influenza Immunization Informed Consent Intravenous Therapy Laboratory Services Linens MDS Coordinator Job Description Meals and Dining Room Medication Administration Medication Errors Medication Orders Medication Storage and Handling Medications Adverse Consequences Narcotics Pharmacy Consultant Psychotropics Self administration Needles and Sharps Nursing Documentation Nursing Reports Nursing Staff Oxygen Pain Care Physician Services and Medical Director Pneumonia Vaccine Pressure Ulcers Professional Communication and Sexual Harassment Quality Assurance Director Job Description

Range of Motion Resident Assessments Resident Rights Restorative Nurse Job Description Restraints Program Skin Care Smoking Staff Development Director Job Description Standard Precautions Suctioning Therapeutic Environment Toileting Programs Tracheostomy Care Transfers and Lifts Tuberculosis Testing Turning and Positioning Urinary Catheter Care Urinary Catheter Insertion Wandering Weight Loss Workplace Violence The seventy five nursing policies and procedures in this manual are based on current standards of nursing practice and federal regulations and guidelines from the Centers for Medicare and Medicaid Services the Center for Disease Control and the Occupational Health and Safety Administration The Director of Nursing can review and update the manual annually Some facilities have a policy and procedure committee that meets to review and consider changes to policies The form at the top of each policy and procedure has spaces for the date the policy and procedure was approved by the DON and the date of any addendums or changes Updates can be made when applicable due to changes in regulations or nursing standards of practice Other appropriate additions to the manual would be manufacturer guidelines and instructions for new equipment and devices Some facilities include with the policy and procedure manual master copies of forms and this can help to ensure uniform documentation throughout the facility Each of the policies and procedures in this book are also included on the CD so they may be easily edited on a word processor for desired updates and changes

**Guidelines for Design and Construction of Residential Health, Care, and Support Facilities** Facility Guidelines Institute, 2017-11-30 Standards to guide the design and construction of nursing homes assisted living facilities independent living settings and related outbased service facilities including adult day care Handbook of Hospice Policies and Procedures Marilyn D. Harris, Elissa Della Monica, Pamela Boyd, 1999 PART OF THE NEW JONES BARTLETT LEARNING INFORMATION SYSTEMS SECURITY ASSURANCE SERIES Security Strategies in Linux Platforms and Applications covers every major aspect of security on a Linux system Written by an industry expert this book is divided into three natural parts to illustrate key concepts in the field It opens with a discussion on the risks threats and vulnerabilities associated with Linux as an operating system using examples from Red Hat Enterprise Linux and Ubuntu Part 2 discusses how to take advantage of the layers of security available to Linux user and group options filesystems and security options for important services as well as the security modules associated with AppArmor and SELinux The book closes with a look at the use of both open source and proprietary tools when building a layered security strategy for Linux operating system environments Using real world examples and exercises this useful resource incorporates hands on activities to walk students through the fundamentals of security strategies related to the Linux system **Best Practices in Policies and Procedures** Stephen Butler Page, Stephen Page, 2002 Best practices book that focuses on the alignment of policies and procedures to the vision strategy plan and core processes of an organization This book focuses on finding actual content for your policies and procedures *Handbook of Long-Term Care Administration and Policy* Cynthia Massie Mara, Laura Olson, 2008-03-27 Attitudes toward long term care contain a strong residue of negativity in today s society and current

problems with the system augment such perceptions Unless dealt with now this will only get worse as the 85 and older crowd is the fastest growing part of the population and the first wave of Baby Boomers is approaching 60 Exploring and delineating

**Hartman's Nursing Assistant Care** Hartman Publishing,2010-05 A brief focused text covering OBRA statutes state regulations and OSHA guidelines You ll learn essential care skills what to observe and report about common conditions how to focus on material needs to pass certification exams and how to work in long term care Guidelines for Developing a Policies and Procedures Manual for a Small Skilled Nursing Facility Audrey L. Arnold,1990 *Senior Living Communities* Benjamin W. Pearce,1998-11-23 The American Association of Retired Persons estimates that the number of communities for seniors has doubled in the past ten years and will more than double again before the 21st century This growth has meant that new administrators are often learning by trial and error the complicated task of delivering high quality and consistent services to elderly persons *The Hospital-based Long-term Care Unit (skilled Nursing Facility)* United States. Bureau of Health Planning and Resources Development. Division of Facilities Development,1977 *Current Catalog* National Library of Medicine (U.S.),1980 First multi year cumulation covers six years 1965 70 **Long-term Care Facility Administration: Case Study Manual** United States Community Health Service,1970 *Post-Acute and Long-Term Care Medicine* Peter Winn,Pamela A. Fenstemacher,Richard G. Stefanacci,R. Scott DeLong,2023-07-12 This book addresses current issues surrounding hospital admissions and readmissions and the practice of post acute and long term care LTC Now in its fully revised and expanded third edition it contains the most up to date knowledge and regulations pertinent to practice in Post Acute and Long Term Care Medicine Post Acute and Long Term Medicine is divided into four main sections The first section is an introduction to long term care It includes chapters on home health care assisted living and residential care department of veteran affairs and nursing facilities among others The second section focuses on clinical medicine in post acute and long term care and contains chapters on common clinical conditions preventing hospital admissions and readmissions palliative care weight and nutrition and wound care The third section details psychosocial aspects of post acute and long term care Chapters in this section describe dementia delirium depression ethical and legal issues and caring for families The fourth and final section centers on special issues in post acute and long term care This section focuses on documentation and coding medication management and rehabilitation and maximizing function The outbreak of COVID 19 has led to two very important new chapters in this section One chapter discusses challenges and opportunities in post acute long term care that have arisen during the pandemic Another new chapter talks about the importance of virtual care and telemedicine in post acute and long term care amidst the COVID 19 outbreak Written by experts in the field many of whom have worked within AMDA The Society for Post acute and Long term Care Medicine to create and disseminate a knowledge base for post acute and LTC this is a valuable resource for clinicians and educators seeking to maximize the care and living experience of residents in post acute and long term care settings **National Library of Medicine Current Catalog** National Library of Medicine

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